



# Our Lady of the Foothills Catholic Faith Community JULY 2023

**PASTOR:** Fr. Anthony Narisetty email: [narisettyantony@gmail.com](mailto:narisettyantony@gmail.com)  
**ASSOCIATE PASTOR:** Fr. Jinu Rajan  
**DEACON:** Ed Meding  
**SECRETARY:** Mary Lou LaFrance  
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Facebook: *OLOF Catholic Parish, Hinton*  
Archdiocese of Edmonton website - [www.caedm.ca](http://www.caedm.ca)  
OFFICE HOURS: Monday to Friday, 9:00 a.m. to 12:00 Noon & 1:30 - 3:00 p.m.

**Please note parish office is closed July and August**

### Mass Readings

2 Kings  
4.8-12a, 14-16  
  
Psalm 89  
  
Romans  
6.3-4, 8-11  
  
Matthew  
10.37-42



### Parish Pastoral Council

#### Pastor

Father Anthony Narisetty

#### Associate Pastor

Father Jinu Rajan

#### Deacon

Ed Meding

#### Chairperson

Vacant

#### Parish Council Members

Dale deSeguin

Christian Ludwig

Colleen Ludwig

Ian Langley

Athena Marchildon

Lori Richard

Sarah Shah

Dennis Slavik



## 13<sup>th</sup> Sunday in Ordinary Time

### To Find Our Lives

The liturgy this week continues to instruct us in the elements of discipleship. We're told that even the most humble among us have a share in the mission Christ gives to His Church.

We're not all called to the ministry of the Apostles or to be prophets like Elisha in today's First Reading. But each of us is called to a holy life (see 2 Timothy 1:9; 1 Thessalonians 4:3).

At Baptism, our lives were joined forever to the Cross of Christ, as Paul tells us in today's Epistle. Baptized into His death, we're to renounce sin and live for God in Christ Jesus.

We are to follow Him, each of us taking up our personal cross, as Jesus says in today's Gospel. That doesn't mean we will all be asked to suffer a martyr's death. But each of us is called to self-denial, to the offering of our lives in service of God's plan.

Jesus must be elevated to first place in our lives—above even our closest bonds of kinship and love. By Baptism, we've been made part of a new family: the kingdom of God, the Church. We are to proclaim that kingdom with our lives, bringing our fathers, our mothers, and all men and women to live as little ones under the fatherhood of God and the kingship of the Holy One.

We do this by opening our hearts and homes to the service of the Lord, following the Shunnamite woman's example in today's First Reading. As Jesus tells us, we're to receive others—not only prophets but also little children, the poor, and the imprisoned—as we receive Christ Himself (see Matthew 18:5; 25:31-46).

As we sing in today's Psalm, we are to testify to His favors and kindness in our lives.

We're to hold fast to the promise—that if we have died with Christ, we shall also live, that if we lose our lives for His sake, we shall find our reward and walk forever in His countenance.

—Yours in Christ, Scott Hahn, Ph.D.

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**Mission Statement** – Our Lady of the Foothills, is a Catholic Faith Community, centered on Jesus Christ, called to continue His mission by growing in Holiness and by proclaiming the Good News of our Father's love.

**Finance Committee Chair**  
Arleen Wambolt

**Catholic School Trustee**  
Ron McKay

**Knights of Columbus**  
Gary Giffin  
Grand Knight

**Catholic Women's League**  
Alice Willick, Bev DeVecchio  
Past President



Mary Lou will not be keeping regular office hours for the months of July and August.  
If there is an emergency, and Fathers are not in, please call 780-865-3045

The next bulletin will  
be out on August 6

### PLEASE PRAY FOR THE SICK OF OUR PARISH

at home and in the hospital, and the members of our parish living in Hinton Continuing Care and Pine Valley, and for all who care for them.

*Heavenly Father, bless the sick of our community, keep them in your tender care and protect them from all evil. Amen.*

**Sacrament of Reconciliation** ½ hour before mass on Weekdays and Saturday or by appointment.

**Father is NOT available on Sunday** because he is on his way back from Jasper.

**Sacrament of Marriage** In order to properly prepare for this Sacrament, six months notice is required.

**Sacrament of Baptism:** A Baptism Preparation Course is required before a Baptism can take place.

For information on class times or to register, please call the parish office at 865-3045.

## CALENDAR OF EVENTS - July 2 - July 9

**Sunday:** 11:00 a.m. **CELEBRATION OF THE EUCHARIST** – 13<sup>th</sup> Sunday in Ordinary Time

Intention – Dan Kathrein† requested by Delia Kathrein and family

**Monday:** Have a great day!

[St. Thomas, Apostle – Feast July 3](#)

**Tuesday:** 7:00 p.m. **CELEBRATION OF THE EUCHARIST**

Intention – For the intentions of Zina Riou and family requested by Laura Riou

**Wednesday:** 9:00 a.m. **CELEBRATION OF THE EUCHARIST**

Intention – Don and Edla Nicolson† requested by Mike and Bonnie Meagher

**Thursday:** 9:00 a.m. **CELEBRATION OF THE EUCHARIST**

Intention – Ruth Batten† requested by Wilma Royal

**Friday:** 9:00 a.m. **CELEBRATION OF THE EUCHARIST**

Intention – Carina Spaliviero† requested by Antonia Bertolin



9:30 a.m. to 10:00 a.m. Adoration of the Blessed Sacrament

**Saturday:** 5:00 p.m. **CELEBRATION OF THE EUCHARIST** – 14<sup>th</sup> Sunday in Ordinary Time

Intention – Marianna Casagrande† requested by Antonia Bertolin

**Sunday:** 11:00 a.m. **CELEBRATION OF THE EUCHARIST** – 14<sup>th</sup> Sunday in Ordinary Time

Intention – Enrico Oczon† requested by the Oczon family

## CALENDAR OF EVENTS - July 9 - July 16

**Sunday:** 11:00 a.m. **CELEBRATION OF THE EUCHARIST** – 14<sup>th</sup> Sunday in Ordinary Time

Intention – Enrico Oczon† requested by the Oczon family

**Monday:** Have a wonderful day!

**Tuesday:** 7:00 p.m. **CELEBRATION OF THE EUCHARIST** – [St. Benedict, Abbot, July 11—Memorial](#)

Intention – Kay Malo† requested by Wendy and Jim Mackney

**Wednesday:** 9:00 a.m. **CELEBRATION OF THE EUCHARIST**

Intention – for the intentions of Diane Paquette requested by Wilf and Mona Slavik

**Thursday:** 9:00 a.m. **CELEBRATION OF THE EUCHARIST**

Intention – Paul and Leona Lemire† requested by the Lemire family

**Friday:** 9:00 a.m. **CELEBRATION OF THE EUCHARIST**

Intention – Bonnie Giffin† requested by Gary and Kathleen Giffin



9:30 a.m. to 10:00 a.m. Adoration of the Blessed Sacrament

**Saturday:** 5:00 p.m. **CELEBRATION OF THE EUCHARIST** – 15<sup>th</sup> Sunday in Ordinary Time

Intention – Paul and Leona Lemire† requested by Rene and Angele Lemire

[Saint Bonaventure, Bishop, Doctor – memorial - July 15](#)

**Sunday:** 11:00 a.m. **CELEBRATION OF THE EUCHARIST** – 15<sup>th</sup> Sunday in Ordinary Time

Intention – for the intentions of Rob and Wanda Riou and family requested by Laura Riou

## CALENDAR OF EVENTS - July 16 - July 23

- Sunday:** 11:00 a.m. **CELEBRATION OF THE EUCHARIST** – 15<sup>th</sup> Sunday in Ordinary Time  
Intention – for the intentions of Rob and Wanda Riou and family requested by Laura Riou
- Monday:** Have a fabulous day!
- Tuesday:** 7:00 p.m. **CELEBRATION OF THE EUCHARIST**  
Intention – Clem Michaud† requested by the Catholic Women’s League
- Wednesday:** 9:00 a.m. **CELEBRATION OF THE EUCHARIST**  
Intention – John Repchuk† requested by Paula Nolan and Ken Work
- Thursday:** 9:00 a.m. **CELEBRATION OF THE EUCHARIST**  
Intention – For the intentions of Linden Sedrovic requested by Gary and Kathleen Giffin
- Friday:** 9:00 a.m. **CELEBRATION OF THE EUCHARIST**  
Intention – for the intentions of Isaac and Gabrielle Marchildon on their wedding requested by Cel and Athena Marchildon  
9:30 a.m. to 10:00 a.m. Adoration of the Blessed Sacrament
- Saturday:** 5:00 p.m. **CELEBRATION OF THE EUCHARIST** – 16<sup>th</sup> Sunday in Ordinary Time  
Intention – for the intentions of Elaine Renaud requested by Cel and Athena Marchildon
- Sunday:** 11:00 a.m. **CELEBRATION OF THE EUCHARIST** – 16<sup>th</sup> Sunday in Ordinary Time  
Intention – Enrico Oczon† requested by the Oczon family
- Saint Mary Magdalene*  
*July 22—Feast*

## CALENDAR OF EVENTS - July 23 - July 30

- Sunday:** 11:00 a.m. **CELEBRATION OF THE EUCHARIST** – 16<sup>th</sup> Sunday in Ordinary Time  
Intention – Enrico Oczon† requested by the Oczon family
- Monday:** Have an awesome day!
- Tuesday:** 7:00 p.m. **CELEBRATION OF THE EUCHARIST** – *St. James Apostle, July 25—Feast*  
Intention – for the intentions of Nicole and Amiable Umutoni requested by Mike and Bonnie Meagher
- Wednesday:** 9:00 a.m. **CELEBRATION OF THE EUCHARIST** – *St. Anne and St. Joachim, July 26—Memorial*  
Intention – TBA
- Thursday:** 9:00 a.m. **CELEBRATION OF THE EUCHARIST**  
Intention – TBA
- Friday:** 9:00 a.m. **CELEBRATION OF THE EUCHARIST**  
Intention – TBA  
9:30 a.m. to 10:00 a.m. Adoration of the Blessed Sacrament
- Saints Martha, Mary, and Lazarus*  
*July 29—Memorial*
- Saturday:** 5:00 p.m. **CELEBRATION OF THE EUCHARIST** – 17<sup>th</sup> Sunday in Ordinary Time  
Intention – for the intentions of Leo Kammerer in thanksgiving requested by Dina Kammerer
- Sunday:** 11:00 a.m. **CELEBRATION OF THE EUCHARIST** – 17<sup>th</sup> Sunday in Ordinary Time  
Intention – TBA

### *Prayer to St. Michael the Archangel*

*Saint Michael the Archangel, defend us in battle. Be our safeguard against the wickedness and snares of the Devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, cast into hell Satan, and all evil spirits, who prowl about the world seeking the ruin of souls. Amen.*

*(Can be also found in the new green 2023 Sunday Missal on page 567)*

## Catholic Renewal Services Fall Conference

Join the Catholic Renewal Services for our Fall Conference, Sept 29-Oct 1, 2023 at **St. Thomas More Church located at 210 Haddow Close NW, Edmonton, start time 6:30 pm.**

Father Trevor Nathasingh and Maria Vadia will be our keynote speakers. Father Trevor comes from Trinidad and Maria from Florida. Both are powerful speakers who have international ministries.

**On Sat Sept 30 at 7:00 pm there will be a mass with healing service open to the public, a love offering will be taken.**

For more information and registration, visit [www.crsedmonton.ca](http://www.crsedmonton.ca)

# CALENDAR OF EVENTS - July 30 - August 6

<b>Sunday:</b>	11:00 a.m. <b>CELEBRATION OF THE EUCHARIST</b> – 17 <sup>th</sup> Sunday in Ordinary Time Intention – TBA
<b>Monday:</b>	Have a fabulous day! <span style="float: right;"><u><a href="#">Saint Ignatius of Loyola, Priest, July 31—Memorial</a></u></span>
<b>Tuesday:</b>	7:00 p.m. <b>CELEBRATION OF THE EUCHARIST</b> – <u><a href="#">St. Alphonsus Liguori, Bishop, Doctor, August 1—Memorial</a></u> Intention – TBA
<b>Wednesday:</b>	9:00 a.m. <b>CELEBRATION OF THE EUCHARIST</b> Intention – TBA
<b>Thursday:</b>	9:00 a.m. <b>CELEBRATION OF THE EUCHARIST</b> Intention – TBA
<b>Friday:</b>	9:00 a.m. <b>CELEBRATION OF THE EUCHARIST</b> – <u><a href="#">St. Jean-Marie Vianney, priest, August 4—Memorial</a></u> Intention – for the intentions of Nathan Meagher requested by Mike and Bonnie Meagher 9:30 a.m. to 10:00 a.m. Adoration of the Blessed Sacrament
<b>Saturday:</b>	9:00 a.m. <b>CELEBRATION OF THE EUCHARIST</b> – First Saturday – Our Lady's Saturday 5:00 p.m. <b>CELEBRATION OF THE EUCHARIST</b> – The Transfiguration of the Lord Intention – Paul and Leona Lemire † requested by Rene and Angele Lemire
<b>Sunday:</b>	11:00 a.m. <b>CELEBRATION OF THE EUCHARIST</b> – The Transfiguration of the Lord Intention – Dan Kathrein † requested by Delia Kathrein and family

## Are you new to the Parish?

Let us know who you are! Please email us: [ol122@telus.net](mailto:ol122@telus.net)  
We certainly would love to meet you!  
God Bless.

## THE SHARE SHOP

Share shop is open Monday to Friday 12 to 3 pm.  
Bins are open and all donations are welcome.

**Help Is Needed To Sort And Hang Clothes.**

July 9, 10, 25, 26, August 10, 11, 26, 27, September 11, 12, 27, 28



## Pastoral Visits

If you have a family member who is homebound and feeling lonely or in hospital who would like a call or a visit from the Pastoral team, please call the parish office. 780-865-3045

## Scent Free Makes Sense



We would like the parish to be sensitive to folks with allergies and refrain from wearing perfume and aftershave at Mass.  
Thank you in advance for your consideration.

## The Rosary

1. On Zoom: resumes September  
– a Rosary for our Priests, Deacon, and parish team
2. At the church: **Wednesday mornings before Mass**  
– a Rosary for our parish family.
3. At the cemetery: **Saturdays at 11:00 a.m.**  
– a Rosary for the souls in purgatory



Wednesday morning **Men's ZOOM Group**  
is now finished for the summer,  
will resume September

**Weekly Collection** – All cheques **must** be made out to Our Lady of the Foothills (OLOF) if you want a tax receipt for your donations. **This includes Together We Serve. Please note on the memo line on your cheque.** If you do not use the numbered envelopes or Automatic Debit, and would like to, please call the parish office. Please consider donating 1 hour of your wages/week or tithing 10%. You can also donate online on our website [www.olfoothills.com](http://www.olfoothills.com). Remember to be sure to select the parish name.

## Prayer for Our Priests

*Gracious and loving God, we thank you for the gift of our priests. Through them, we experience your presence in the sacraments. Help our priests to be strong in their vocation. Set their souls on fire with love for your people. Grant them the wisdom, understanding, and strength they need to follow in the footsteps of Jesus. Inspire them with the vision of your Kingdom. Give them the words they need to spread the Gospel. Allow them to experience joy in their ministry. Help them to become instruments of your divine grace. We ask this through Jesus Christ, who lives and reigns as our Eternal Priest. Amen.*

## Prayer for Vocations

*Heavenly Father, bless your Church in the Archdiocese of Edmonton with an abundance of holy and zealous priests, deacons, religious, and seminarians. Give those You have called to the married state and those You have chosen to live as single persons in the world, the special graces that their lives require. Form us all in the likeness of Your Son so that in Him, with Him, and through Him we may love You more deeply and serve You more faithfully, always and everywhere. With the virgin mother Mary, we ask this through Christ your Son. Amen.*



## YOUR RETURN GIFT TO GOD

June 24/25

**Sunday Offering \$1143.50**  
**Auto Debit June 26, 2023: \$2706.00**

June's Total Gift: \$13,052.75  
Monthly Budget need: \$14,925.00

*If you are interested in donating through Automatic Debit, please call the parish office.*

**Together We Serve – Annual Appeal**  
**Our Parish's 2023 Goal: \$12,000.00**  
**Collected so far: \$7667.00**  
**(63 % of our goal)**

Together we Serve supports 10 different Catholic organizations and institutions. Please consider how God has blessed you and your family. In gratitude for God's abundance in your life consider reaching out to others through Together We Serve. Let us together, as one family in Christ, share joyfully in our mission to serve by supporting our charitable partners through Together We Serve.

- The 10 different Catholic organizations supported by TWS:
- Catholic Social Services
- Diocese of Mackenzie-Fort Smith
- Evangelization of Nations
- Needs of the Canadian Church
- Needs of the Church in the Holy Land
- Newman Theological College
- Pope's Pastoral Works
- St. Joseph Priests' Foundation of Edmonton
- St. Joseph Seminary
- St. Joseph's College



Donate  
**now!**

*"O give thanks to the LORD, for he is good, his steadfast love endures for ever!" Psalm 118*

## Spiritual Adoption Program

To help stop the anti-life push around the world, the late Archbishop Fulton J. Sheen encouraged the spiritual adoption of an unborn child. Our CWL, and K of C are encouraging a wonderful opportunity to be pro-active and pro-life from the comfort of our homes by praying that a child's life be spared abortion and be allowed to live.



### MONTH TWO – Developing Baby

*"I can suck my thumb now!" The developing baby is now called a "fetus" (Latin for "little one"). She is making rapid progress developing all her external and internal organs.*

*During the second month baby teeth form, and fingers and toes are developing. Her ears, nose, lips and tongue can now be clearly seen. Brain waves can be recorded. The skeleton changes from cartilage to bone. The central nervous system is now functioning, and so forty muscle sets begin their first exercises. By 8 weeks all body systems are present. This little one can now suck her thumb and is about two inches long. Thank you for praying for this precious little baby!*

*Say this prayer every day for nine months to save a baby's life!*

*Jesus, Mary and Joseph, I love you very much. I beg you to spare the life of the unborn baby that I have spiritually adopted who is in danger of abortion.*

*Prayer of Archbishop Fulton J. Sheen*

## Daily Mass Readings for July 2023

**Monday, July 3** – Ephesians 2.19-22; John 20.24-29

**Tuesday, July 4** – Genesis 19.15-29; Matthew 18.23-27

**Wednesday, July 5** – Genesis 21.5, 8-20; Matthew 8.28-34

**Thursday, July 6** – Genesis 22.1-19; Matthew 9.1-8

**Friday, July 7** – Genesis 23.1-4, 19; 24.1-8, 62-67; Matthew 9.9-13

**Saturday, July 8** – Genesis 27.1-5, 9-10, 15-29; Matthew 9.14-17

**Sunday, July 9** – **14<sup>th</sup> Sunday in Ordinary Time**

Zechariah 9.9-10; Romans 8.9, 11-13; Matthew 11.25-30

**Monday, July 10** – Genesis 28.10-22a; Matthew 9.18-26

**Tuesday, July 11** – Genesis 32.22-32; Matthew 9.32-38

**Wednesday, July 12** – Genesis 41.55-57; 42.5-7a, 17-24; Matt 10.1-7

**Thursday, July 13** – Genesis 44.18-21, 23b-29; 45.1-5; Matt 10.7-15

**Friday, July 14** – Genesis 46.1-7, 28-30; Matthew 10.16-23

**Saturday, July 15** – Genesis 49.29-31, 33; 50.15-26; Matt 10.24-33

**Sunday, July 16** – **15<sup>th</sup> Sunday in Ordinary Time**

Isaiah 55.10-11; Romans 8.18-23; Matthew 13.1-23

**Monday, July 17** – Exodus 1.8-14, 22; Matthew 10.34-11.1

**Tuesday, July 18** – Exodus 2.1-15a; Matthew 11.20-24

**Wednesday, July 19** – Exodus 3.1-6, 9-12; Matthew 11.25-27

**Thursday, July 20** – Exodus 3.13-20; Matthew 11.28-30

**Friday, July 21** – Exodus 11.10-12.14; Matthew 12.1-8

**Saturday, July 22** – Song of Songs 3.1-4a or 2 Corinthians 5.14-17; John 20.1, 11-18

**Sunday, July 23** – **16<sup>th</sup> Sunday in Ordinary Time**

Wisdom 12.13, 16-19; Romans 8.26-27; Matthew 13.24-43

**Monday, July 24** – Exodus 14.5-18; Matthew 12.38-42

**Tuesday, July 25** – 2 Corinthians 4.7-15; Matthew 20.20-28

**Wednesday, July 26** – Sirach 44.1, 8, 10-15; Matthew 13.16-17

**Thursday, July 27** – Exodus 19.1-2, 9-11, 16-20b; Matt 13.10-17

**Friday, July 28** – Exodus 20.1-17; Matthew 13.18-23

**Saturday, July 29** – Exodus 24.3-8; John 11. 17-27 or Luke 10.38-42

**Sunday, July 30** – **17<sup>th</sup> Sunday in Ordinary Time**

1 Kings 3.5-12; Romans 8.28-30; Matthew 13.44-52

**Monday, July 31** – Exodus 32.15-24, 30-34; Matthew 13.31-35

**Tuesday, August 1** – Exodus 33.7-11; 34.4b-9, 28; Matt 13.36-43

**Wednesday, August 2** – Exodus 34.29-35; Matthew 13.44-46

**Thursday, August 3** – Exodus 40.16-21, 34-38; Matthew 13.47-52

**Friday, August 4** – Leviticus 23.1, 4-11, 15-16, 27, 34b-37; Matt 13.54-58

**Saturday, August 5** – Leviticus 25.1, 8-17; Matthew 14.1-12

**Sunday, August 6** – **The Transfiguration of the Lord**

Daniel 7.9-10, 13-14; 2 Peter 1.16-19; Matthew 17.1-9

## Ministry Schedules

Just a reminder, please check to see if you are scheduled for ministry over the summer months. If you are unable to make your commitment to your scheduled ministry **please find a replacement for yourself**. Thank you and God Bless

### Ministry Schedule

JULY	ADULT SERVERS	LECTORS (READERS)	MUSIC	WELCOMING	USHERS	CLEANERS
Saturday July 8 5:00 p.m.	No Adult Server	1st reading (and Psalm if no music) Paula Nolan  Irene Forcier	Ryan Beaupre ?	Robert and Irene Forcier	Glenn Ross Ken Work Paula Nolan Aniceto Traspaderme	
Sunday July 9 11:00 a.m.	Marni Wright	Florjie Michaud Both Readings	Ryan Beaupre	Jo Holba	Ken Brady Christian Ludwig Karl Holba Jo Holba	Florjie and Ladies
Saturday July 15 5:00 p.m.	No Adult Server	Angele Lemire Paula Nolan	Kathleen's Group	Rick and Shelley Appel	Glenn Ross Rick Appel Shelley Appel Ken Work	
Sunday July 16 11:00 a.m.	Ange Giffin Dennis Slavik	Athena Marchildon Ron Rosmer	Kathleen's Group	Ron and Barb Rosmer	Ken Brady Christian Ludwig Cel Marchildon Karl Holba	PPC
Saturday July 22 5:00 p.m.	Randy Smith Deacon Ed Meding	Gwen Meding Barb Kneteman	Kathleen's Group	Rick and Shelley Appel	Glenn Ross Rick Appel Shelley Appel Paula Nolan	
Sunday July 23 11:00 a.m.	Ange Giffin Marni Wright	Florjie Michaud Ren Werbicki	Kathleen's Group	Jo Holba	Ken Brady Christian Ludwig Karl Holba Jo Holba	KofC
Saturday July 29 5:00 p.m.	Randy Smith	1 <sup>st</sup> Reading (and Psalm if no music) Ina Lawrence Irene Forcier	Ryan Beaupre ?	Robert and Irene Forcier	Glenn Ross Robert Forcier Paula Nolan Ken Work	
Sunday July 30 11:00 a.m.	Dennis Slavik	Linda Jones Ren Werbicki	Ryan Beaupre	Joe and Alice Willick	Ken Brady Brian Beauchamp Jain Sales Aniceto Traspaderme	Evergreen School
Saturday August 5, 5:00 p.m.	TBA	TBA	TBA	TBA	TBA	
Sunday August 6, 11:00 a.m.	TBA	TBA	TBA	TBA	TBA	CWL

### NeighbourLink

780-865-0389

email [neighbourlink1@gmail.com](mailto:neighbourlink1@gmail.com)

NeighbourLink is in need of beds - all sizes. Couches, love seats and washing machines.  
Please call to arrange a pickup.



NeighbourLink

### HINTON FOOD BANK INFORMATION

124 Market St. open Tuesdays 6:30 – 8:00 p.m.  
Volunteers are welcome.

During the summer, poverty and hunger do not take summer holidays. The need for our Food Bank unfortunately does not stop in June and begin again in September. This summer let us think of ways in which we can help those who have less than we do.

The **FOOD BANK** is always in need of items such as: sugar, canned fruit, juices, powdered milk, crackers, cereal, pastas, peanut butter, jams, baby food, and canned items (soups, meats, vegetables, fruit, etc). Items can be dropped off in the bin at the back of the church. Cash donations are also accepted.

**PLANT A ROW – GROW A ROW** – ever consider earmarking a row of vegetables in your garden for the **FOOD BANK?**

### Mass Intentions

**Q: What does it mean to have a Mass “offered” for someone?**

*An individual may ask a priest to offer a Mass for several reasons: for example, in thanksgiving, for the intentions of another person (such as on a birthday), or as is most common, for the repose of the soul of someone who has died.*

**If you are interested in offering a mass for someone, please call or email the parish office.**

**The stipend is \$10  
to be paid before the mass is offered.**

*“One must never forget the infinite graces that flow from the Sacrifice of the Mass which benefit one’s soul.” – Pope Leo XIII*

*May God bless  
you and keep  
you safe this  
summer!*

